



Note: Printing out this paper craft project on regular paper is recommended.

matanpus (headbands) embellished with beautiful embroidery were originally put on by men before setting out on hunting in the mountains, to hold their hair in place. Women usually covered their heads with unpatterned black cloth, but in recent years they have come to wear items with designs on formal occasions. This paper craft project is a *matanpus* decorated with an Ainu design, and you can actually wear it. The uncolored pieces are for you to color in yourself to fashion your own original *matanpus*.

Note: Printing out this paper craft project on regular paper is recommended. Regular paper tears easily, so be careful not to pull on it with too much force.



Implements and Materials You'll Need

- Copy paper or other such regular-use paper
- Scissors or utility knife • Ruler • Pencil
- Stick glue (Wood glue and other adhesives containing large amounts of water are not recommended.)
- Pointed object, such as a ballpoint pen that has run out of ink
- Toothpicks (These are useful for applying glue thinly and to small and intricate pieces.)

What the Symbols Mean

- ① Part number
- Apply glue
- Cut line
- ↪ Curl
- Outward fold line

How to Make

1. Use the pointed object to make creases along the fold lines.
2. Before cutting out the pieces, use the pencil to write their part numbers on the back of each.
3. Carefully cut out the pieces along their cut lines.
4. Following the instructions for outward and inward folds, fold the parts along the dotted lines.
5. Assemble by the attaching the pieces as shown in the diagram.

Important Notes – For Parents and Guardians

- Preschool children must be supervised by an adult and be kept in sight while assembling the item. Papercraft uses a variety of implements. To prevent unforeseen accidents, please give careful attention to the following points while enjoying crafting.
- Be very careful to avoid injury when children use scissors, utility knives, and other objects with blades.
 - Be careful to ensure that small children do not put glue or adhesive in their mouths or swallow small pieces.
 - This craft uses paper, which may become unusable if it gets wet. Be careful not to handle pieces with wet hands.
 - Display near open flame or other heat sources can cause fire or discoloration.
 - Some finished papercraft items have pointed areas. Be careful to ensure that children do not strike others with these items.

- 1** There are two sets of parts: colored ones, and ones that you can color in yourself. Use whichever you prefer.

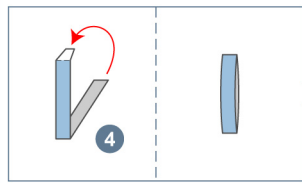
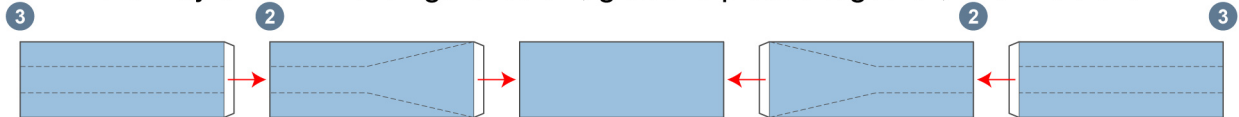


Colored

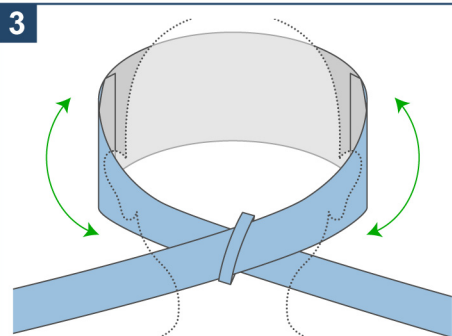


For coloring in

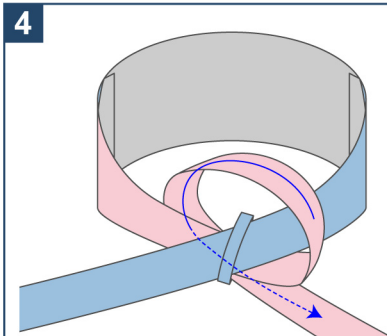
- 2** In the way shown in the figure below, glue the pieces together, then fold them.



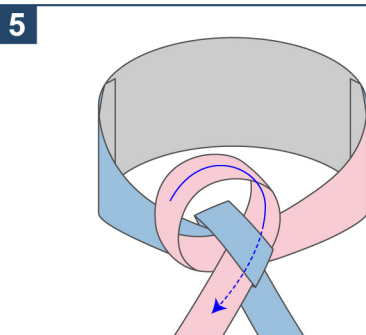
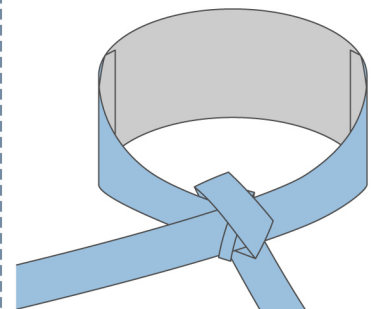
Pass through part **4** (ring).



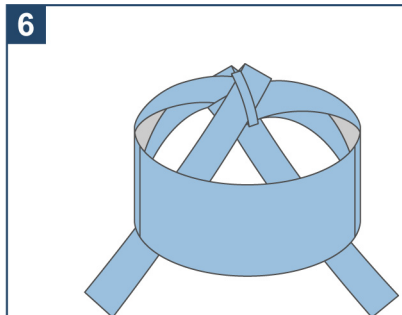
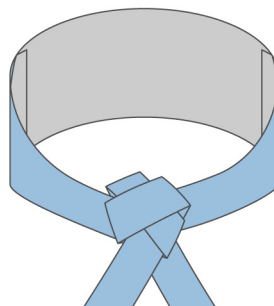
Adjust to your head size by sliding the two ends through the ring.



While holding the ring down to keep the two ends of the headband from sliding out of place, loop one end of the headband back through the ring.



Loop the other end of the headband back under the end you looped through in step **4**.



It's finished!